

Trading Time Changes

| Product | GMT/EST (GMT) | Temporary trading time changes for the below products is due to the end of EST/CST 08/03/2026 and will last through the end of GMT on 29/03/2026 (GMT) | BST/EDT (BST) | Temporary trading time changes for the below products is due to the end of BST on 25/10/2026 and will last through the end of EDT/CDT on 01/11/2026 (GMT) |
|--------------------|--|--|--|---|
| UK 100 | SUN 23:05-FRI 21:00 (Break 22:00-23:00) | Sun 22:05-Fri 21:00 (Break 21:00-22:00) | SUN 23:05-FRI 21:00 (Break 22:00-23:00) | SUN 22:05-FRI 21:00 (Break 21:00-22:00) |
| Euro 50 | SUN 23:05-FRI 21:00 (22:00-23:00, 00:00-00:15) | SUN 22:05-FRI 21:00 (Break 21:00-22:00, 00:00-00:15) | SUN 23:05-FRI 21:00 (22:00-23:00, 01:00-01:15) | SUN 22:05-FRI 21:00 (Break 21:00-22:00, 00:00-00:15) |
| Germany 30 | SUN 23:05-FRI 21:00 (22:00-23:00, 00:00-00:15) | SUN 22:05-FRI 21:00 (Break 21:00-22:00, 00:00-00:15) | SUN 23:05-FRI 21:00 (22:00-23:00, 01:00-01:15) | SUN 22:05-FRI 21:00 (Break 21:00-22:00, 00:00-00:15) |
| Low Sulphur Gasoil | Sun 23:00-Fri 22:00, (Break 22:00-01:00) | Sun 23:00-Fri 21:00 (Break 22:00-01:00) | Sun 23:00-Fri 22:00 (Break 22:00-01:00) | Sun 22:00-Fri 21:00 (Break 21:00-00:00) |
| Crude Oil Brent | Sun 23:00-Fri 22:00 (Break 23:00-01:00) | Sun 22:00-Fri 21:00 (Break 22:00-00:00) | Sun 23:00-Fri 22:00 (Break 23:00-01:00) | Sun 22:00-Fri 21:00 (Break 22:00-00:00) |
| Sugar White | 08:45-17:55 | 08:45-16:55 | 08:45-17:55 | 08:45-16:55 |
| US Cocoa | 09:45-18:30 | 09:45-17:30 | 09:45-18:30 | 09:45-17:30 |
| Coffee Arabica | 09:15-18:30 | 09:15-17:30 | 09:15-18:30 | 09:15-17:30 |
| Sugar Raw | 8:30-18:00 | 8:30-17:00 | 8:30-18:00 | 8:30-17:00 |
| Agricultural Index | 09:45-17:30 (Break 13:45-14:30) | 09:45-16:30 (Break 12:45-13:30) | 09:45-17:30 (Break 13:45-14:30) | 09:45-16:30 (Break 12:45-13:30) |
| All Currencies | Sun 21:00-FRI 22:00 | Sun 21:00-FRI 21:00 | Sun 21:00-FRI 22:00 | Sun 21:00-FRI 21:00 |

| Trading time changes | The end of EST/CST on 08/03/26 to the end of GMT on 29/03/26 (GMT) | The end of EDT/CDT on 01/11/2025 to the end of EST/CST on 14/03/2027 (GMT) |
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| Australia 200 | Sun 22:50-FRI 20:00 (Break 5:30-6:10, 20:00-22:50) | Sun 22:50-FRI 21:00 (Break 5:30-6:10, 21:00-22:50) |

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